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Naturopathic Physician and Acupuncturist

Education

2010 Advanced Vascular Ultrasound

2010 Dermatological Procedures Course

2009 Preceptorship in Sclerotherapy and Vascular Ultrasound

2009 Psychopharmacology Course

2009 Musculoskeletal Diagnostic Ultrasound Course

2008 Diagnostic Musculoskeletal Ultrasound 5 Day Course

2008 Media Training

2004-2008 Neural Therapy, Myofascial Trigger Point Injections, Regenerative Injection Therapy, Mesotherapy, Naturopathic Pain Medicine (NATI), (NMC)

1999-2009 Ongoing Annual Meetings in Orthopedic Medicine (AAOM), American Academy of Pain Management (AAPM), American Association of Naturopathic Medicine (AANP)

2008 Total Vein Care, Sclerotherapy, VNUS Closure, Diagnostic Vascular Ultrasound

2004 Federal OBOT Training in Buprenorphine

2004-2007 Specialty training in Mesotherapy for Pain Management and Cosmetics

2004 Board Certification in Chelation, Oregon Board of Naturopathic Examiners

2003 American College for the Advancement of Medicine, Certification in Chelation

2003 Cosmetic Botox & Natural Fillers Practicum

2003 Pharmacy Compounding for HRT, Cosmetic Topicals, Injectables

2000 Advanced I.V. Certification Training, NCNM

2000 Adjunctive Cancer Care, Cancer Treatment Centers of America

1998 Masters Certification in AMA Impairment Rating

1997 I.V. Certification Training, NCNM

1996 Diagnostic Musculoskeletal and Vascular Ultrasound practice initiated

1995 Training in Electrodiagnostic Medicine including Electromyography, Nerve Conduction Studies, Somatosensory Evoked Potentials

1995 Use of Botox in Neurology for Spasmodic Dystonias, American Academy of Neurology

1994 Preceptorship in Neural Therapy/Orthopedic Medicine, Santa Fe, NM

1991 Preceptorship in Public Health/Addictions Acupuncture, Portland, OR

1990-1992 Oregon College of Oriental Medicine, Portland, OR. Graduated with Master's Degree In Acupuncture and Oriental Medicine

1978-1982 National College of Naturopathic Medicine, Portland, OR. Doctor of Naturopathic Medicine Degree (N.D.)

1976-1978 Winthrop University, UNC. Graduated with B.A. Biology, Rock Hill, SC

1972 US Army. Graduated Defense Language Institute, Monterey, CA, with maximal Proficiency Russian Language. Had MOS of translator, photographer/lab technician. Served in Army Security Agency, Military Intelligence.

1972 Graduated Rising Sun High School, MD. Academic track. Senior Class President.

Experience

2010 Co-Chair, Portland Continuing Education Committee, Pain Society of Oregon

2010 Member, Oregon Prescription Drug Monitoring Program Advisory Commission

2009 Moderator, Pharmacy and Ethics Course

2009-present Member-Manager, Naturopathic Academy of Therapeutic Injection

2008 Program Chair and Moderator, Corporate Council Meeting, American Academy of Pain Management, St. Petersburg, FL

2007 Program Chair and Moderator, Pain Management for Naturopathic Physicians Course

2006-2010 Chair, Oregon Board of Naturopathic Medicine

2007-2008 President, Board of Directors, American Academy of Pain Management

2005-present Appointed by Governor Kulongoski, Commissioner, Oregon Pain Management Commission

2004-present Biomedical Faculty, Oregon College of Oriental Medicine Doctoral Program

2004-present Board of Directors, American Academy of Pain Management

2004-2010 Member, Formulary Council, Oregon Board of Naturopathic Examiners

2004-2009 Founding Vice President, Naturopathic Academy of Therapeutic Injection

2003 Expert Legal Consultant in Federal Opioid Case

2003-present Education Committee, American Academy of Pain Management

2003-2010 Member, Oregon Board of Naturopathic Examiners

2002-2003	Faculty for Natural Medicine Clinic Seminar series in Injection Therapy Techniques, Neural Therapy, Prolotherapy, Orthopedic and Neurological Evaluation 64hrs
2001	Primary Faculty Instructor for the Academy of Integrated Medicine, Albuquerque, N.M. 58hrs
2001	Expert Reviewer for Chinese Herb Nephropathy
1999	Board of Advisors, Complementary Health Plans
1999-present	Board of Advisors, American Academy of Pain Management
1998-2000	Independent Medical Examiner, Medical Consultants Network
1997-present	Diplomate and Faculty of the American Academy of Pain Management, Presentation at Annual Meeting
1997-present	Clinical Professor, National College of Naturopathic Medicine Residency Program
1996-1997	Peer Review Organization Consultant for Acupuncture and Naturopathic Medicine
1995	Course Faculty in New Mexico for Expanded Prescriptive Authority, New Mexico Board of Acupuncture and Oriental Medicine
1995	Adjunct Clinical Professor, Southwest College of Naturopathic Medicine
1994	Faculty at Southwest College of Naturopathic Medicine and Health Science Curriculum taught included Acupuncture, Neurophysiological Assessment/Treatment, Injection Techniques
1992-1994	President, Naturopathic Physician's Acupuncture Academy
1992	Board-Certified in Acupuncture by the Oregon Board of Medical Examiners
1985-1990	Consultant to Naturopathic Physician's Licensing Examination for Board exam development, testing norms, analysis
1988	Diplomate in Acupuncture, National Commission for the Certification of Acupuncturists
1982-1985	Consultant to World Health Research Corporation for product development
1982	Clinical Supervisor at Portland Naturopathic Clinic, Teaching Clinic of National College of Naturopathic Medicine
1982-present	Licensed by the Oregon Board of Naturopathic Examiners (now Oregon Board of Naturopathic Medicine)

Presentations and Courses

2010	Course: Prolotherapy, Regenerative Injection Therapy, Platelet-Rich Plasma Injection, and Integrated Regenerative Qi Gong , NMC, April 9-13, Maui, Hawaii. 25 hrs.
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- 2009 Course: **Neural Therapy, Myofascial Trigger Point Injections, and Mesotherapy for Pain**, NMC, September 19-20, Portland, OR, 16 hrs.
- 2009 Presentation: **Natural Supplements for Pain**, American Society of Pain Educators, August 1, Portland, OR, 1 hr.
- 2009 Program Director and Primary Faculty, Naturopathic Academy of Therapeutic Injection, Mod IV, **Regenerative Injection Therapy of the Cervical Spine, Thoracic Spine, and Costochondral Regions**, May 8-10, Portland, OR, 24 hrs.
- 2009 Course, OCOM Doctoral Program, **Advanced Needling Techniques**, Theory, January 30, Portland, OR, 4 hrs.
- 2008 Course: **Prolotherapy of the Extremities, Use of Platelet-Rich Plasma in Tendinosis with Ultrasound Diagnosis and Guidance**, October 18-19, Portland, OR, 16 hr.
- 2008 Course: **Neural Therapy, Myofascial Trigger Point Injections, and Mesotherapy for Pain**, September 20-21, Portland, OR, 16 hrs.
- 2008 Presentation: **Platelet-Rich Plasma Autografting**, September 11, American Academy of Pain Management, Nashville, TN, 1 hr.
- 2008 Program Chair and Primary Faculty, **Tendinosis and Ultrasound Guided Injection of Platelet-Rich Plasma**, September 8, American Academy of Pain Management, Nashville, TN, 8 hrs.
- 2008 Presentation: **Naturopathic Pain Medicine**, April 24th, Western Pain Society, Portland, OR, 1 hr.
- 2008 Course Primary Faculty, **Regenerative Injection Therapy of the Lumbosacral Spine, Sacroiliac Joints, and Pelvis**, March 14-16, Naturopathic Academy of Therapeutic Injection. Vancouver, British Columbia, 24 hrs.
- 2007 Course Primary Faculty: **Prolotherapy of the Extremities and TMJ**. October 19-21, 2007, Naturopathic Academy of Therapeutic Injection. Vancouver, British Columbia, 24 hrs.
- 2007 Presentation: **Palpation and Assessment of Muscle, Tendon, and Nerve for the Non-Physical Medicine Practitioner**. September 29, 2007, American Academy of Pain Management, Las Vegas, NV 1 hr.
- 2007 Presentation: **Naturopathic Pain Medicine**, Oregon Pain Management Commission, October 25, Salem, OR 1 hr.
- 2007 Presentation: **Top Ten Nutritional Supplements**, American Holistic Medical Association, June 9, Portland, OR, 1 hr.
- 2007 Course Primary Faculty: **Myofascial Trigger Point Injection, Neural Therapy, Mesotherapy**. May 11-13, 2007, Naturopathic Academy of Therapeutic Injection. Vancouver, British Columbia, 24 hrs.
- 2007 Presentation: **Contributions of Traditional Medicine to Modern Pharmacology; Nine Needles to the Present**, April 15, 2006, Oregon Acupuncture Association, Portland, Oregon, 1.5hrs.
- 2006 Program Chair and Moderator: **Pain Management**, Joint Sponsors OBNE, OANP, AAPM, Dec. 3, 2006, The Governor Hotel, Portland, OR, 6 hrs.
- 2006 Presentations: **Regenerative Injection Therapy of Lumbosacral Spine, SI, Pelvis, and TMJ**,

- Module III**, Naturopathic Academy of Therapeutic Injection, November 10-12, 2006, Mesa, AZ, 21 hrs.
- 2006 Presentations: **Regenerative Injection Therapy, RIT Solutions, Connective Tissue Pathophysiology, Shoulder and Knee RIT, Module II**, Naturopathic Academy of Therapeutic Injection, June 10-12, 2006, Portland, Oregon, 21 hrs.
- 2006 Presentations: **Myofascial Trigger Point Injections, Neural Therapy, Mesotherapy for Pain and Cosmesis, Module I**, Naturopathic Academy of Therapeutic Injection, Feb. 24-26, 2006, Portland, Oregon, 14hrs
- 2005 Presentation: **Opioid Pharmacotherapy**, Oregon Association of Naturopathic Physicians, December 2005, Portland, Oregon, 1.5 hrs
- Presentation: **OHSU CAM Grand Rounds, Low Back Pain**, May 18, 2005. 1 hr.
- 2005 Presentations: **Mesotherapy; Naturopathic Pain Medicine**, American Academy of Pain Management, September 2005, San Diego, California. 2 hrs
- 2005 Program Chair and Core Faculty, Naturopathic Academy of Therapeutic Injection, **10 Day course in Injection Therapies and Orthopedic Assessment**, May, July and November, Tempe, Arizona. 60 hrs.
- 2004 Program Chair and Moderator: **Naturopathic Pain Medicine**. American Academy of Pain Management, September 2004, San Antonio, TX. 6 hrs.
- 2004 Course Instructor: **Intensive Training in Prolotherapy and Mesotherapy for Pain Management**. April 2004, Portland, Oregon; Natural Medicine Clinic Seminar Series.23 hours
- 2003 Presentation: **Opioid Pharmacotherapy**, Oregon Association of Naturopathic Physicians, December 2003, Portland, Oregon. 2 hrs.
- 2003 Presentation: **Naturopathic Pain Management**, American Academy of Pain Management, September 2003, Denver, Colorado. 2 hrs.
- 2003 Faculty: Oregon Geriatric Education Center, **Naturopathic Pain Management in Geriatric Populations**, OHSU, August 2003, Portland, Oregon
- 2003 Course Instructor: **Advanced Prolotherapy Techniques**. May 2003, Portland, Oregon; Natural Medicine Clinic Seminar Series.14 hrs
- 2003 Course Instructor: **Prolotherapy of The Spine**. March 2003, Portland, Oregon; Natural Medicine Clinic Seminar Series.14 hrs
- 2003 Course Instructor: **Prolotherapy of The Extremities**. January 2003, Portland, Oregon; Natural Medicine Clinic Seminar Series.14 hrs
- 2002 Course Instructor: **Neural Therapy**. December 2002, Portland, Oregon; Natural Medicine Clinic Seminar Series. 14 hrs
- 2002 Course Instructor: **Orthopedic Evaluation and Treatment, MFTP Therapy, Introduction to Neural Therapy, Introduction to Prolotherapy, Advanced Neural Therapy Techniques, Pharmacology of Sarapin and Local Anesthetics**. October 2002, Hanalei, Hawaii. 25 hrs
- 2002 Course Instructor: **Myofascial And Trigger Point Injection Techniques**. October, Portland, Oregon; Natural Medicine Clinic Seminar Series. 14 hrs
- 2002 Presentation: **Regenerative Injection Therapy**. American Association of Naturopathic Physicians, Salt Lake City, Utah 1 hr

- 2002 Presentation: ***The Botanical Roots of Modern Medicine.*** Reno, Nevada; American Academy of Pain Management. 1 hr
- 2002 Course Instructor: ***Prolotherapy Techniques.*** May 2002. Portland, Oregon. Natural Medicine Clinic Seminar Series. 14 hrs
- 2001-2002 Course Instructor: ***Introduction to Endocrinology, Natural Hormone Replacement and Pharmacology, Orthopedic Evaluation and Treatment, MFTP Therapy, Nutritional IV Therapy, Introduction to Neural Therapy, Introduction to Prolotherapy, Advanced Neural Therapy Techniques, Pharmacology of Sarapin and Local Anesthetics.*** Albuquerque, New Mexico; Academy of Integrative Medicine. 58 hrs
- 2002 Course Instructor: ***Neural Therapy and Introduction to Prolotherapy.*** March 2002. Portland, Oregon. Natural Medicine Clinic Seminar Series. 14 hrs
- 2002 Course Instructor: ***Myofascial And Trigger Point Injection Techniques and Introduction to Neural Therapy.*** January 2002. Portland, Oregon. Natural Medicine Clinic Seminar Series. 14 hrs
- 2001 Presentation: ***Herbal Medicines for Neck Pain.*** April 2001, American Association of Orthopedic Medicine, Memphis, Tennessee. 1 hr
- 2001 Presentation: ***From Twigs and Stems to Modern Pharmacotherapy: Herbal Origins of Modern Day Medications.*** September 2001, Arlington, Virginia; American Academy of Pain Management. 2 hrs
- 2001 Presentation: ***Natural Approaches to Inflammatory Conditions.*** September 2001, Arlington, Virginia; American Academy of Pain Management. 2 hrs
- 1999 Presentation: ***Herbal Medicine in Pain Management.*** September 2000, Las Vegas, Nevada; American Academy of Pain Management. 2 hrs
- 1999 Presentation: ***Herbal Medicine for Pain.*** September 1999, Las Vegas, Nevada; American Academy of Pain Management. 2 hrs
- 1999 Presentation: ***Integrating Bernstein Protocols in Naturopathic Practice.*** October 1999, Boise Idaho; American Association of Naturopathic Physicians
- 1999 Presentation: ***Electrodiagnosis Basics.*** February 1999, Portland, Oregon; National College of Naturopathic Medicine for Oregon Association of Naturopathic Physicians
- 1999 Presentation: ***Nutraceutical Treatment.*** February 1999, Portland, Oregon; National College of Naturopathic Medicine for Oregon Association of Naturopathic Physicians
- 1999 Presentation: ***Pharmacy Continuing Education: Opioid Prescribing.*** February 1999, Portland, Oregon; National College of Naturopathic Medicine for Oregon Association of Naturopathic Physicians. 1 hr
- 1998 Presentation: ***Herbal Medicine in Pain Control.*** September 1998, Atlanta, Georgia; American Academy of Pain Management. 1 hr
- 1998 Presentation: ***Naturopathic and Botanical Medicine.*** September 1997, Las Vegas, Nevada; American Academy of Pain Management. 1 hr
- 1996 Presentation: ***Saline Point Injections: Water of Life.*** September 1996, Bellevue, Washington; American Association of Naturopathic Physicians. 2 hrs
- 1994 Presentation: ***Transforming the Dragon: Diagnostic and Therapeutic Strategies for Chronic Pain.*** September 1994, San Diego, California; American Association of Naturopathic Physicians. 2 hrs

1993 Co-Presenter: **Scar Therapy**. Portland, Oregon; American Association of Naturopathic Physicians. 1 hr

Honors and Awards

2009 NCNM Alumni Award: **Long-Term Service to the Profession**

2007-2008 **President's Award**, American Academy of Pain Management

2005-present Board of Advisors, Naturopathic Board of Aesthetic Medicine of Arizona

2004 Moderator, **Naturopathic Pain Medicine Track**, American Academy of Pain Management Annual Meeting, San Antonio, TX

2004 Appointed to Board of Directors, American Academy of Pain Management

2001-2009 Recipient of Excellence in Continuing Education Award, American Academy of Pain Management

1998-1999 Elected to Who's Who in Executives and Professionals

1997 Received Diplomate as Forensic Examiner and in Forensic Medicine from the American Board of Forensic Examiners and Forensic Medicine

1996 Received Diplomate in Pain Management from the American Academy of Pain Management

1995 Elected America's Outstanding Acupuncturist, Acupuncture Excellence Award

1994-1995 Elected to Who Who's in Executive and Professionals

1988 Received Diplomate in Acupuncture from the National Commission for the Certification of Acupuncturists

1988 Received Diplomate in Acupuncture from the Naturopathic Physician's Acupuncture Academy

Community and Volunteer

2010 Oregon Prescription Drug Monitoring Advisory Commission

2006-2007 Team Physician, Consultant, Seaside High School Varsity Wrestling Team, Seaside, OR

2005-present Commissioner, Oregon Pain Management Commission

2004-2010 Formulary Council, Oregon Board of Naturopathic Examiners

2003-present Board of Directors, American Academy of Pain Management

2003-2010	Oregon Board of Naturopathic Examiners, now Oregon Board of Naturopathic Medicine
1999-2005	Volunteer Teachers Aid Gearhart Elementary School, Gearhart, OR
1999-2001	Lower Columbia Youth Soccer Association Assistant Coach, Warrenton, OR
1984-present	Preceptor to Physicians, Medical students, Acupuncturists: Natural Medicine Clinic

Publications

Ethnobotany: Plant-Derived Medical Therapy, ***Wilderness Medicine***, 5th Ed, 2007 Paul S. Auerbach Ed.

Naturopathic Medicine: Update 2006, ***Pain Practitioner***, Winter 2006

Hypericum: Update in Pain Management, ***Pain Practitioner***, Fall 2000.

Naturopathic Pain Medicine in ***Weiner's Pain Management: A Practical Guide for Clinicians, Seventh Edition, 7th Ed., 2005***, Boswell, Mark V., and Cole, J. Barry, Ed.,

Professional Affiliations

American College of Phlebology (ACP) 10'
 American Society of Pain Educators (ASPE) 04'
 Naturopathic Academy of Therapeutic Injections (NATI) 03'
 American Academy of Pain Management (AAPM) 96'
 Oregon Association of Acupuncturists (OAA) 92'
 American Association of Orthopedic Medicine (AAOM) 90'
 American Academy of Neural Therapy (AANT) 89'
 American Association of Naturopathic Physicians (AANP) 85'
 Oregon Association of Naturopathic Physicians (OANP) 82'